



Core values: risk and opportunity

KNOWLEDGE

People like to know why. They enjoy solving problems and puzzles and finding out how things work. People are generally curious and enjoy exploring, creating, learning new things and growing. People also need to feel a level of variety and change within their field of experience.

Appreciative enquiry, Neuroscience, Cognitive-Behavioural model, Mindfulness, Intuition, Humanistic psychology

<p>Times when I have chosen to question/challenge something and/or try to solve a problem</p>	<p>Times when I have chosen NOT to question/challenge something and/or try to solve a problem</p>
<p>What are the risks associated with this choice</p>	<p>What are the risks associated with this choice</p>
<p>What are the opportunities associated with this choice</p>	<p>What are the opportunities associated with this choice</p>